

TONICSEA

EXPERIENCED NAVIGATORS PROVED
THAT VITAMIN C IS ESSENTIAL

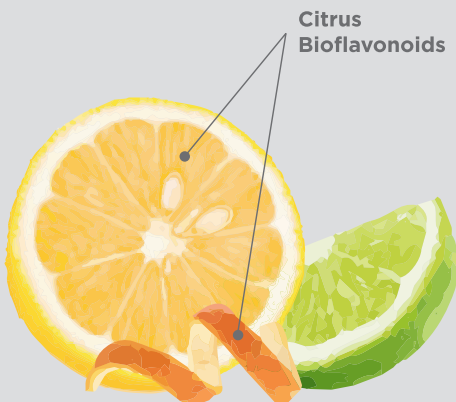
C 500 Chewable with Citrus Bioflavonoids

Strengthen Your Natural Defenses*

Vitamin C is one of nature's most powerful antioxidants. Because vitamin C is needed by so many parts of the body, it is listed on the World Health Organization Essential Medicines List. The discovery of vitamin C also made scurvy a rare disease. Known for its ability to provide immune support, vitamin C's antioxidant activity may limit damage from free radicals that enter the body through food and the environment. But that isn't all vitamin C can do. Vitamin C is essential for collagen production.¹ Collagen is the most abundant structural protein in the body, found in skin, muscles, and connective tissues. As a water-soluble vitamin, vitamin C needs to be replenished daily for optimal health.

A Delicious, Every Day Antioxidant Essential

C 500 Chewable by TonicSea is a delicious, easy-to-chew tablet available in an exclusive formula that contains citrus bioflavonoids. Supplementing with vitamin C helps support iron absorption, collagen production, and metabolism of the amino acid L-carnitine.* Amino acids are the building blocks of protein. Vitamin C also provides antioxidant and immune system support.*



What Are Citrus Bioflavonoids?

C 500 Chewable contains 25 mg citrus bioflavonoid complex. Bioflavonoids are a group of polyphenolic plant compounds found in fruits and vegetables that provide antioxidant properties. These compounds also give citrus fruits their brilliantly bright colors. Natural citrus bioflavonoids support well-being and fight free-radicals with their high amounts of antioxidants.* Major bioflavonoids found in fruits include hesperidin and quercetin.

Citrus bioflavonoids are typically derived from parts of fruits that are rich in nutrients, such as the pulp and citrus fruit peels. The addition of citrus bioflavonoids helps support vitamin C from chemical breakdown and enhances nutrient absorption in the body.* Citrus bioflavonoids are also used to promote healthy blood vessels.^{2*}

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

How to Use:

Chew one tablet with or without food or as directed by your healthcare practitioner.



90 Servings

Supplement Facts

	Amount Per Serving	% DV Children 1-3 Years of Age*	% DV Adults & Children > 4 Years of Age*
Vitamin C (as Ascorbic Acid, Calcium Ascorbate, Sodium Ascorbate, Magnesium Ascorbate)	500 mg	3333%	556%
Niacin (as Niacinamide)	18 mg NE	300%	113%
Citrus Bioflavonoid Complex	25 mg	**	**
L-Lysine HCl	8 mg	**	**
Tetrapotassium Pyrophosphate	3 mg	**	**
Alpha D-Ribofuranose	3 mg	**	**
L-Cysteine HCl	2 mg	**	**
L-Glutathione	1 mg	**	**

* Daily Value (DV) is based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Sorbitol, Xylitol, Orange Flavor, Silicon Dioxide, Stearic Acid, Citric Acid, Monk Fruit

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immune support*



foundational*



gluten free



dairy free



non gmo

cGMP

All TonicSea formulas meet or exceed cGMP quality standards



Features & Benefits Key Ingredients

Supports healthy immune function*

Supports collagen production*

Assists with iron absorption*

Supports L-carnitine metabolism*

Provides antioxidant support*

Vitamin C (as calcium ascorbate, ascorbic acid, sodium ascorbate, and magnesium ascorbate): An essential nutrient required by the body for collagen production that also provides antioxidants and healthy immune support.*

Vitamin B3 (as niacinamide): A water-soluble vitamin that assists with protein metabolism and cellular growth.*

L-Lysine HCL: An essential amino acid that supports the growth and repair of tissues and also supports healthy immune function.^{3*}

The TonicSea Difference

The stress of daily life can make it difficult to practice healthy habits. It is important to minimize stress, get the proper amount of sleep, eat a nutritious diet, and partake in regular exercise. C 500 Chewable by TonicSea can help you receive the vitamin C that you need, which plays an integral role in healthy immune support and collagen production.* TonicSea works to discover new ways to deliver key nutrients. This chewable formula contains 500 mg of the primary nutrient for your support.*

Caution: Excess consumption of sorbitol may cause gastrointestinal upset. Children 12 and undershould not exceed the recommended serving size. If you are pregnant, nursing, or taking medication please consult your healthcare practitioner before taking any supplement. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

- <https://ods.od.nih.gov/factsheets/VitaminC-HealthProfessional/>
- <https://www.winchesterhospital.org/health-library/article?id=21574>
- <https://pubchem.ncbi.nlm.nih.gov/compound/Lysine#section=Pharmacology>

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